



# Harassment Consultation Center News

May,2011 Vol.4

Hello everyone. How are you doing? Golden week is over now.  
In this issue we would like to talk about AKAHARA, which is a type of harassment.  
We hope that this helps you understand more about Harassment.

## What is “AKAHARA”?

“AKAHARA” is the abbreviation for “Academic Harassment”.

“Academic Harassment” includes any indecent act (words/actions) committed by a person in a position of power against the faculty members (staffs, students, etc.), which causes the victim to suffer from psychological distress or to have difficulty in pursuing education, research, and study.

For example,

- The teacher repeatedly makes remarks which demean the ability or personality of the students when teaching.
- The teacher forces the students to conduct research activities in the early morning, late night, weekends, or holidays. The students are not allowed to take days off.
- The teacher repeatedly tells the students "Your thesis will not go through." or "You will not be able to graduate." but does give any advice.

## Is this Academic Harassment (“AKAHARA”)?

Mr. Ichiro is a student in a master course (M1) who moved in from another university this April. His boss (professor) has forced Mr. Ichiro to conduct research through the night many days during the last several months after he got in the school.

“Ichiro, you are not a graduate of Nagoya University. So you should work twice as hard as other students. You should come to school on the weekends TOO!”

“Why can’t I take days off? It is only me, is it because I am not a graduate of this university? And even while they were working together,

“Don’t you get it? Why not go and check the machines in the next room?!”

“I am not familiar with this laboratory yet because I came here just a few months ago. I don’t know where to find what.”

Such things continued for a long time. And Ichiro got fed up of all these things, was getting discouraged day by day, and finally hated coming to school.

Sometimes you may have to do research long hours until late night depending on your specialty. However, this case possibly falls under “AKAHARA”, because (1) the teacher lacks consideration for (discriminates against) a graduate of other universities and (2) the teacher forces the student to work long hours and does not allow to have a day off over the long term.

Please contact us if you feel you are being harassed.

### ★Higashiyama section

Place: Higashiyama Campus Department of Engineering, Building 7,2F

Date and Time: Mon~Fri(excluding holidays) 9:00~17:00

Tel: 052-789-5806 FAX: 052-789-5968

Email: h-help@post.jimu.nagoya-u.ac.jp ( for both Higashiyama & Tsurumai campus )

### ★Tsurumai section

Place: Tsurumai Campus The old west ward 452

Date and Time: Tuesday (Holiday is excluded.) 9:00~17:00

Tel:052-744-2827